

# FAMILY PLANNING IN EFFORTS TO IMPROVE ADOLESCENT REPRODUCTIVE HEALTH KNOWLEDGE (TRC)

## WITH VIDEO MEDIA

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### SUMMARY

**Background:** Adolescents are prone to sexual and reproductive health problems, such as early marriage, low knowledge of reproduction and sexuality, unwanted pregnancy, abortion, sexually transmitted diseases. . In Asia Pacific, the population constitutes 60% of the world's population, one fifth of whom are adolescents aged 10-19 years. The results of the 2018 Indonesian Adolescent Reproductive Health Survey (SKRRI) showed that 1% of girls and 5% of boys were sexually active. 15 million women in Indonesia are pregnant out of wedlock and some of them have had abortions. This health education aims to provide information to adolescents about problems and how to maintain reproductive health through the genre through video media. **Methods:** the type of media to be used for the output is a video with the title "Planning Generation to improve Adolescent Reproductive Health". **Result:** one of the media used to provide information is video. With the aim of increasing knowledge about reproductive health especially in adolescents. **Conclusion:** Video media is a publication medium composed of writings or pictures, or a combination of these two types, which has the aim of providing information to adolescents.

**Keywords:** Adolescents, Generation Planning, Reproductive Health