

EFFORTS TO IMPROVE QUALITY OF LIFE (QOL) IN DIABETIC ULKUS PATIENTS WITH BOOKLET MEDIA

Oktaviani Zahrur Arista Maharani Putri , Erika Dewi Nooratri

maharaniputri89@gmail.com

Universitas 'Aisyiyah Surakarta

SUMMARY

Background: The long process of healing diabetic ulcers due to declining quality of life due to feeling insecure and helpless. Research at Moewardi Hospital obtained 238 diabetic ulcer sufferers who every month increased due to a decrease in the quality of life that dratis family and environmental support is very influential and needed for diabetic ulcer sufferers to rise from adversity. ***Method:*** The importance of information about improving the quality of life of diabetic ulcer patients is educated one of them in the form of a booklet. Media booklet is one of the media for the promotion of health to the public in the form of print media. ***Results:*** The title of the booklet "Efforts to Improve Quality Of Life In Diabetic Ulcer Patients" was created using a design application with a size of 3.5 x 8.5 inches consisting of 15 pages. ***Conclusion:*** With booklet media can be a source of information and knowledge to the public, especially diabetic ulcer patients know how to improve the quality of life in diabetic ulcer patients.

Keywords: *Quality of life, Diabetic ulcer, Booklet*