

EDUCATION ABOUT RANGE OF MOTION (ROM) IN FAMILIES WITH STROKE PATIENTS

Putri Rahmani

putriahmani901@gmail.com

Universitas 'Aisyiyah Surakarta

SUMMARY

Back Ground : Low and middle income countries account for 70% of all strokes, which also account for 87% of stroke-related deaths and years of life adjusted for disability. In the last four decades the incidence of stroke has decreased by 42% in high-income countries. In low- and middle-income countries the number has more than doubled. The results of the study in stroke patients showed that family knowledge of ROM was in the poor category (86.7%) and the rest was in the moderate category (13.3%). ***Method :*** Using the selected booklet as a medium of communication in providing health information to stroke patients. ***Result :*** The resulting project is a media booklet as a media for stroke patient education in an effort to increase muscle strength with ROM exercises so as not to experience muscle weakness. ***Conclusion :*** The booklet was chosen as a communication medium to make it easier for the author to provide information to families who have stroke patients and the general public about post-stroke management, which are equipped with illustrated images that make it easier for readers to understand the material.

Keywords : Stroke, Range Of Motion (ROM).