ABSTRACT

EDUCATION ON PROVISION OF PINEAPPLE AGAINST FLOUR ALBUS AT WOMAN FERTILIZER AGE USING BOOKLET MEDIA

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SUMMARY

Back Ground; Flour albus ia problem that has long been an issue for women. Fertile Age Women (FAW) (or bisa tetep pake indonesian yg ini Wanita Usia Subur (WUS)) is the women attain in the age of 20 to 45 years old that have well function of the reproductive condition. Flour albus pathology besets about 50% of women's life in almost all age level, 75% of women in the world experience vaginal discharge once in their life cycle and 45% had vaginal discharge more than twice. Pathological discharge can be treated by pharmacological and non pharmacological ways. Pharmacological treatment uses medical drugs while non pharmacological uses herbal remedies such as consuming pineapple juice which can be educated with media, one of which is using booklets. Method; Booklets can be used as a medium for health education in the community, especially for women of childbearing age who experience vaginal discharge which aims to increase knowledge and insight in the community especially women of childbearing age about how to reduce vaginal discharge by using pineapple juice. **Result**; The title of this booklet is the benefits of pineapple juice to reduce flour albus in women fertilizer age women.

Conclusion; Consuming pineapple juice is one of the efforts to reduce vaginal discharge, as it has flavonoid compounds which is disinfectant and very effective to inhibit bacteria growth.

Keywords: Flour Albus, Women, Pineapple