

TRANSFER OF GOODS TO PREVENT DECUBITUS IN PATIENTS WITH STROKE THROUGH *BOOKLETS* MEDIA

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ESSENCE

Background: *The number of strokes in Indonesia has increased every year. The prevalence of stroke cases in Indonesia increased from 10.9% in 2018 to 11.7% in 2019 (Riskesdas, 2018). The incidence of stroke in Central Java increased from 7.35% in 2018 to 12% in 2019 (Riskesdas, 2019). Patients with stroke are at high risk of experiencing serious medical complications caused by prolonged bed rest and immobility causing pressure ulcers. Right and left oblique positions are the positions given to stroke patients to reduce prolonged pressure and friction on the skin, besides that prevent the formation of pressure sores* **Method:** *the method used is by changing the right and left tilt position for approximately 2 hours alternately to prevent pressure sores, this method is expected to reduce or prevent the risk of pressure sores and increase the knowledge of the community, especially patients with bedrest* **Result:** *The resulting output in the form of a booklet with the theme of giving positions to prevent pressure sores, and containing information on how to give a tilted position with an attractive design* **Conclusion:** *By using booklet media, it can provide information about the effectiveness of giving oblique positions to the public, especially decubitus patients in stroke.*

Key words: *stroke, decubitus, oblique position*