

**FAMILY EDUCATION ABOUT THE CHEST THRUST METHODS AS A
MANAGEMENT OF CHOKING IN CHILDREN AGED 0-1 YEARS
WTHROUGH VIDEO MEDIA**

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SUMMARY

Background: *Fiber daily life with various kinds of things that are harmful to children, one of which is choking. Data from the American Academy Of Pedriatic in 2018, there were 710 cases of choking in children with a percentage of 11,6 % occurring in children under 1 year og age. The prevalence of choking in Indonesia alone in 2018 was 106 children and increased in 2019 to 126 children. One of causes of choking in children is the inability of the family to handle choking children, therefore there is a need for education to families about handling choking in children aged 0-1 years using the chest thrust method.*

Method : *With the media video entitled “ Family Education About The Chest Thrust Method For Choking Management In Children aged 0-1 years”.*

Result : *There is material about choking and chest thrust in this video, and it explains the causes of choking and steps for handling choking in chikdren aged 0-1 years using the chest thrust method.*

Conclusion : *Using video media can provide information to families about how to handle choking in children aged 0-1 years using the chest thrust method.*

Keywords : *Children, Chest, Thrust, Video.*

