

LACTATION MANAGEMENT EDUCATION IN POST PARTUM MOTHERS WITH MEDIA BOOKLETS

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SUMMARY

Background; Lactation management is an effort made by mothers to support the success of breastfeeding. It can be done by managing lactation starting from pregnancy, postpartum and breastfeeding. The prevalence of post partum mothers in Indonesia is 35.5% and the prevalence of knowledge about lactation management is around 26.1%, which means that there is still a lack of knowledge about lactation management. One of the management towards successful breastfeeding is breastfeeding properly, therefore education is needed on the importance of lactation management in post partum mothers so that exclusive breastfeeding can be achieved. **Method;** The author chooses to use a booklet because there is useful information to educate post partum mothers. **Result;** The output was a booklet on lactation management in post partum mothers. **Conclusion;** Lactation management booklet in post partum mothers can provide information and increase awareness of the community, especially post partum mothers so that lactation management can be applied at home.

Keywords:

Lactation Management, Post Partum, Booklet