

***EDUCATIONAL MEDIA POSTERS ABOUT THE COMBINATION OF
THE KANGAROO METHOD
AND MURROTAL AL-QUR'AN THERAPY TO
INCREASE WEIGHT FOR BABIES WITH
LOW BIRTH WEIGHT***

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ESSENCE

Babies with LBW or Low Birth Weight are babies who gain weight less than 2500 grams, have a tiny body (small) and their body organs are not yet functioning perfectly (Saifuddin in Andayani, 2019: 102-112). The baby's weight is lower (WHO, 2014), so that non-pharmacological treatment is needed, namely a combination of Kangaroo Method treatment and murrotal therapy to increase the weight of LBW babies. This was done by combining the kangaroo treatment method, then seeing with the 30-minute spin of the Yasin murrotal, there was a significant increase in LBW body weight of 32.5 grams / day (Putriana & Aliyanto, 2018). One of the media that can be used in providing information on poster media. This poster is expected to increase knowledge to the public, especially mothers with LBW babies about the combination of kangaroo treatment methods and murrotal al-Qur'an therapy to increase the weight of LBW babies.

Key words: Low birth weight, Kangaroo Method, Murrotal therapy.