BENEFITS OF THE TRADITIONAL ENGKLEK GAME TO IMPROVE GROSS MOTOR SKILLS IN EARLY CHILDHOOD

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SUMMARY

Background: The current world population according to the United States Statistics Agency, the world population in January 2018 reached 7.53 billion people. Most of the population is children aged 0-4 years, reaching 662 million people or about 8.7%, of the total population followed by children aged 5-9 years. Early age is a child aged 5-6 years which can also be called (the golden age) because the period of development and growth is very decisive for children in the future, as well as a very critical period to determine the stage of growth and development in early childhood. One aspect that children will develop from an early age is physical or motor skills, generally children aged 5-6 years have enough physical development to support their activities such as jumping, kicking and throwing. Purpose: To find out and create Educational Information Communication (KIE) media, the benefits of the traditional engklek game to improve gross motor skills in early childhood. Methods: The method used is IEC media, namely booklets as a tool to find out the benefits of the traditional engklek game to improve gross motor skills in early childhood. Result: This IEC booklet media will be disseminated to the public and as an easy and practical guide in playing the game. Conclusion: Based on the analysis of the existing situation that children are given the procedure for this engklek game to improve gross motor skills and children can socialize or mingle with other friends. The method used using IEC media, namely booklets as a tool to find out the benefits of the traditional engklek game to improve gross motor skills in early childhood.

Keyword: Improve Gross Motor, Booklet, The Traditional Engklek Game