## EDUCATIONAL MEDIA POSTERS ABOUT MUROTTAL AL-QUR'AN THERAPY TO REDUCE LABOR PAIN IN MOTHERS DURING THE ACTIVE PHASE OF LABOR

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## **SUMMARY**

Introduction: Labor pain is a physiological condition but if labor pain is not manajed properly it wiil cause fear, anxiety, worry and stress which effects pain and can interfere with labor. The pain occurs when you start to feel contractions, and will be more frequent in a long time when you enter the opening of the I active phase. Everyone experiences labor pain that is different depending on how each individual responds. Non pharmacological treatment of labor pain with murottal Al-Qur'an therapy. Destination: giving murottal Al-Qur'an therapy to reduce labor pain during the active phase with educational media posters. Method: with the output in the form of a poster containing writing and pictures as a support in convey messages and attracts public reading interest. Result: with the creation of this poster output it can be used to increase knowledge about how to reduce the intensity of labor pain during the first stage of the active phase using murottal Al-Qur'an therapy. Conclusion: using murottal Al-Qur'an therapy can reduce the intensity of labor pain during the active phase.

**Keywords:** *Labor pain, and murottal Al-Qur'an therapy.*