

**THE RELATIONSHIP OF ATTITUDE AND SELF-EFFICIENCY WITH
POSBINDU VISIT ACTIVITIES IN HYPERTENSION PATIENTS IN AREA OF
PUSKESMAS SIDOHARJO SRAGEN**

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ABSTRACT

Background: *The elderly population continue to increase. Health is a state of health, both physically, mentally, spiritually, and socially that allows everyone to live a socially productive life. Hypertension is a major health problem in developed and developing countries, hypertension is a non-communicable disease and is the number one cause of death globally. Objective:* *To determine the effect of the relationship between attitudes and self-efficacy with the activeness of posbindu visits to patients with hypertension in the working area of the Sidoharjo Health Center, Sragen. Methods:* *This type of research was quantitative, this research method used cross sectional. Sampling of 65 respondents. The research instrument used a closed questionnaire. Data analysis using Chi square test. Results:* *The results showed a positive relationship between self-efficacy and activity with p value 0.013 with an OR value of 10.6. Attitude and activity also show a positive relationship as evidenced by the p value of 0.005 and the OR value of 21.6 Conclusion:* *There was a significant relationship between attitude and self-efficacy with the activeness of Posbindu visits in patients with hypertension in the work area of the Sidoharjo Health Center, Sragen.*

Keywords: *relationship, activity, self-efficacy, attitude*