

**OVERVIEW OF HEALTH PROTOCOL KNOWLEDGE AND COMPLIANCE
IN BREAST MILK DURING THE COVID-19 PANDEMIC
AT PUSKESMAS GILINGAN**

Nur Arisa, Anjar Nurrohmah
nurarissa145@gmail.com
Aisyiyah Surakarta University

ABSTRACT

Background: The mortality rate due to infection is 88% in infants less than 3 months old. A total of 31.36% of 37.94% of children were sick because they did not receive exclusive breastfeeding. **Objective:** To describe the knowledge and compliance of breastfeeding health protocols during the COVID-19 pandemic at the Puskesmas Gilingan. **Methods:** Descriptive survey research using a retrospective approach, a population of 149 mothers, using random sampling technique and getting a sample of 60 respondents, the research instrument using a list of questions in a closed questionnaire. Univariate data analysis. **Results:** The results showed that the majority of respondents aged 20-35 were 42 (70%), the latest education was high school (SMA) as many as 39 respondents (65%), and 38 respondents (63.3%) did not work and had less knowledge as many as 25 respondents (41.7 %), with the level of compliance of respondents in the non-compliant category as much as 38 (63.3%). **Conclusion:** The majority of mothers' knowledge level is less as many as 25 respondents (41.7%) and the level of compliance of respondents in the non-compliant category is 38 (63.3%).

Keywords: breast milk, baby, COVID-19