

DESCRIPTION OF MOTHER'S LEVEL OF KNOWLEDGE ABOUT GROSS MOTOR DEVELOPMENT OF 3-5 YEARS OLD CHILDREN AT POSYANDU PILANGSARI SRAGEN

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ABSTRACT

Background: UNICEF 2019 data states that 27.5% or 3 million children had disorders, especially motor development disorders. Nowadays, many parents do not pay attention to the motor development of their children so the children suffer motor development disorders/delays. One of the factors that influence motor development is the mother's knowledge. Parental knowledge about child development is expected to increase knowledge about early detection of child growth and development. Mothers who excellent education and knowledge will be more aware on their children's growth. The child will experience delays in development in the delay if the mother does not pay attention to the child's development. **Objective:** To describe the mothers' level of knowledge about gross motor development of 3-5 years old children at the Posyandu Pilangsari, Sragen. **Methods:** This research was a descriptive survey. Sampling used a total sampling technique with a sample of 38 respondents. Data analysis used univariate analysis. **Results:** The results of this research indicated the mothers' level of knowledge in the poor category was as many as 7 people (18.4%), in the sufficient category as many as 26 people (68.4%), and in the good category as many as 5 people (13.2%). **Conclusion:** Most mothers with 3-5 years old children in Posyandu Pilangsari Sragen have a sufficient level of knowledge.

Keywords: *Gross motor development, level of knowledge*