

**APPLICATION OF WOUND CARE WITH HONEY COMPRESS IN PATIENTS WITH
GRADE 2 DIABETIC ULCERS**

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ABSTRACT

Background: One of the health problems in Indonesia that is often encountered is DM disease. The number of cases and prevalence of diabetes continues to increase every year. The prevalence of DM in Indonesia was recorded at 10.6% in 2021. Wound care techniques using honey are believed to accelerate wound healing because honey is able to retain moisture, contains anti-inflammatory, antibacterial, antioxidant, and is able to reduce odor in the wound.

Objective: To describe the observations of the application of wound care using honey in grade 2 diabetic ulcer patients. **Methods:** This study method uses a descriptive design and uses the Bates Jansen assessment sheet, in the wound compress method using honey, the variable measured is diabetic ulcers that have been given intervention for 7 times. **Results:** After wound care was carried out on two respondents who had grade 2 diabetic ulcers using honey compresses for seven consecutive days, there was a change in the amount of exudate in the wound healing process. **Conclusion:** The application of wound care using honey compress can reduce exudate.

Keywords: DM, Ulcer, Honey compress technique