## THE RELATIONSHIP BETWEEN LEVEL OF KNOWLEDGE AND COMPLIANCE WITH FE TABLET CONSUMPTION IN PREGNANT WOMEN AT THE SANGKRAH HEALTH CENTER

Andresta Diansari, Anjar Nurrohmah.

<u>Andrestadian212@gmail.com</u>

University of 'Aisyiyah Surakarta

## **ABSTRACT**

Background: Anemia is the main cause of indirect death in pregnant women. The success of the iron (Fe) tablet program carried out by the government to treat anemia is strongly influenced by the compliance of pregnant women in consuming these tablets. Objective: to determine the relationship between the level of knowledge and adherence to consuming iron (fe) tablets in pregnant women. Method: is a quantitative study with an analytic approach using a cross sectional design. Sampling using purposive sampling technique. Results: it was found that the majority of pregnant women were knowledgeable enough, the majority of pregnant women were obedient in consuming iron (Fe) tablets, there was no relationship between the level of knowledge and adherence of pregnant women in consuming iron (Fe) tablets. Conclusion: there is no significant relationship between knowledge about anemia in pregnant women and adherence to consuming iron (Fe) tablets.

**Keywords**: Level of knowledge, Anemia, Pregnant women, Compliance, iron (Fe) tablets