

**IMPLEMENTATION OF EARLY MOBILIZATION IN POST SECTIO CAESAREA (SC)
WOMEN THROUGH VIDEO MEDIA**

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SUMMARY

Background: Sectio caesarea is a medical procedure that is needed to help deliveries that cannot be carried out normally due to problems with the mother's health or the condition of the fetus. This action is defined as surgery to deliver the fetus by opening the abdominal wall and uterine wall or vagina or a hysterotomy to deliver the fetus from within the uterus. Early mobilization is one way to gradually make the patient independent so that the patient is able to carry out his own activities without the help of others. Based on a preliminary study at Waras Wiris Hospital, the authors obtained from medical record data in 2022 patients with Post Sectio Caesarea as many as 138 people, who were treated at the Anyelir ward. Purpose: The purpose of this study was to describe the outcome of early mobilization videos on wound healing after SC surgery. Benefit: this research is to increase knowledge and insight about the implementation of early mobilization in post SC mothers

Keywords: section caesarea, early mobilization