

THE RELATIONSHIP BETWEEN FAMILY SUPPORT AND THE QUALITY OF LIFE FOR ELDERLY IN BITING PURWANTORO WONOGIRI

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ABSTRACT

Background: Ederly is someone aged 60 over. The elderly experience aging which process results in changes physical, mental, psychosocial and spiritual. These changes will affect the quality of life the elderly. Family support is important in improving the quality of life the elderly. ***Purpose:*** To analyze the relationship between family support and quality of life for elderly in Biting Purwantoro Wonogiri. ***Method:*** The research used was quantitative with correlational design and cross-sectional method with the Spearman test. The sample used in this study was 90 respondents. Family support was measured using the family support questionnaire and quality of life was measured using the WHOQOL-BREFF questionnaire which is valid and reliable. The data collection technique is done by door to door and takes 3 weeks. ***Result:*** The results showed that the majority of family support was in the sufficient category and had a good quality of life. Spearman test results with a sig value of 0.000 which means a sig value <0.05 then H_a is accepted and H_o is rejected. ***Conclusion:*** There is a relationship between family support and the quality of life of the elderly in Biting Purwantoro Wonogiri.

Keywords: Elderly, Family Support, Quality of Life