## DESCRIPTION OF TEETH-BRUSHING HABITS IN DENTAL CARIES IN SCHOOL-AGE CHILDREN AT BIRRUL WALIDAIN MUHAMMADIYAH SRAGEN ELEMENTARY SCHOOL

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## **ABSTRACT**

Background: Dental and oral health is an integral part of overall body health, a gateway for germs and bacteria to enter that can interfere with the health of other organs of the body. Dental disease occurs because it is caused by the habit of not cleaning your teeth regularly so that plaque forms. Plaque can already form a few seconds after we brush our teeth Objective: To determine the description of the habit of brushing teeth on the incidence of dental caries in school-age children at Birrul Walidain Muhammadiyah Elementary School, Sragen Methods: This type of research is quantitative with a descriptive approach. Sampling of 61 respondents. The research instrument used a questionnaire. Data analysis using Univariate test. Results: the habit of brushing the teeth of respondents is dominated by the good category, namely as many as 38 respondents or 62.3% Conclusion: The description of the habit of brushing the teeth of school-age children at Birrul Walidain Muhammadiyah Sragen Elementary School is dominated by the good category which is influenced by the right way of brushing their teeth, the right frequency of brushing their teeth and the right time of brushing their teeth.

**Keyword:** Tooth brushing habit, Dental caries, Dental health