

**APPLICATION OF MASSAGE WITH VIRGIN COCONUT OIL ON
PRESSURE SORES IN TASIKMADU VILLAGE
KARANGANYAR**

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ABSTRACT

Background: Prolonged bed rest causes physiological changes in body systems, including the skin system. Complications can occur in patients with prolonged bed rest, leading to pressure ulcers. Pressure sores lead to prolonged treatment times and the development of complications that slow healing, aggravate the primary disease, and become life-threatening. Recommended treatment techniques include massage with virgin coconut oil. **Purpose:** Know the results of applying virgin coconut oil to sores at Tasikmadu Karanganyar Medical Center. **Methods:** This study uses a descriptive design with 2 male respondents aged 69-73, conducted from June 22 to July 3, 2023 in Buran village, Tasikmadu Karanganyar, in which each respondent intervention for 12 consecutive days. The instrument used was the Braden scale to measure the skin integrity score. **Results:** There was a change in the increase in skin integrity score before and after the application of pure coconut oil effleurage massage. **Conclusion:** Application of Effleurage massage with virgin coconut oil has the effect of increasing skin integrity scores in people with pressure ulcers in Buran village, Tasikmadu Karanganyar.

Keywords: Bed rest, Effleurage Massage, Virgin Coconut Oil.