

ABSTRACT

THE APPLICATION OF ISLAMIC MUSIC THERAPY TO PAIN INTENSITY IN POST SECTIO CAESAREA MOTHERS AT PANDAN ARANG BOYOLALI HOSPITAL

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Background : *Sectio caesarea* surgical procedure that can increase pain. Pain in *sectio caesarea* will cause an unpleasant feeling, one of the non-pharmacological treatments is islamic music therapy to increase pain levels. **Objective** : Knowing the results of applying islamic music therapy to pain intensity in post *sectio caesarea* mothers at pandan arang boyolali hospital . **Method** : The application was carried out using a case study descriptive method to 2 respondents with post *sectio caesarea* patients for 2 times a day within 15-20 minutes. **Results** : Based on the results of the implementation that has been done there is a decrease in pain intensity in post *sectio caesarea* patients. **Conclusion** : Islamic music therapy can be used as a non-pharmacological technique or independent intervention in post *sectio caesarea* patients.

Keywords : Music therapy, *Sectio caesarea*, pain