

**IMPLEMENTATION OF WARM COMPRESS TO REDUCE PAIN
SCALE IN PATIENTS WITH ABDOMINAL COLLIC AT
KARANGANYAR HOSPITAL IN 2023**

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ABSTRACT for Final Scientific Work of Nurses

Background; Abdominal colic is pain in the stomach that is intermittent in nature and originates from the organs in the abdomen or stomach, which is caused by an infection in the abdominal organs. Many experts also define abdominal colic as a condition characterized by cramps or severe colic pain which may be accompanied by nausea and vomiting. **Objective;** Knowing that there is a decrease in pain intensity after being given warm compress therapy in patients with abdominal colic **Method;** This type of research is a case study. **Results;** The application of warm compresses was carried out for two consecutive days twice a day, the results were the same for both respondents, namely a decrease in the pain scale of the two respondents who previously had moderate pain showing a pain scale of 5-6 after being given relaxation warm compresses showing a mild pain scale in pain scale 2-3. This shows that colic abdominal pain can be resolved both. **Conclusion;** There are differences in development before and after applying warm compresses to colic abdominal pain.

Keywords: *Warm Compress, Pain Intensity, Abdominal Colic*