

**APPLICATION OF WOLLWICH MASSAGE TO INCREASE BREAST MILK
PRODUCTION IN POST PARTUM MOTHERS IN KARANGANYAR DISTRICT
HOSPITAL**

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ABSTRACT

Background; *One of the problems that is often faced by post partum mothers is failure during early breastfeeding. This condition is usually caused by a blockage of collected breast milk that does not come out. The impact that occurs if the milk does not come out smoothly is that the milk ducts are clogged. One of the nursing interventions that can be done is woolwich massage, by means of woolwich massage can increase milk production in post partum mothers. Objective;* *Knowing the results of the implementation of Woolwich Massage to increase milk production in post partum mothers at the Karanganyar district hospital. Method;* *The research design was conducted on 2 respondents by way of case study by interviewing and measuring milk production with a measuring cup. Results;* *The production of breast milk for post partum mothers before the woolwich massage was carried out in respondent I was 0.4 cc then in respondent II it was 0.1 cc, then after doing woolwich massage the milk production results in respondent I was 2.5 cc and in respondent II it was 1.0 cc. Conclusion;* *There is an increase in milk production before and after woolwich massage*

Keywords: *Post Partum, Breast Milk Production, Woolwich massage*