

**DESCRIPTION OF ADOLESCENT KNOWLEDGE ABOUT
FE TABLET CONSUMPTION WITH ANEMIA AT
SMA NEGERI 1 NGRAHO BOJONEGORO**

Siti Windari, Eska Dwi Prajayanti
sitiwindari1717@gmail.com
University of 'Aisyiyah Surakarta

ABSTRACT

Background: The prevalence of anemia in adolescents in the world according to the World Health Organization (WHO) is 30%. In Indonesia the incidence of anemia is 32%. East Java ranked 11th which has prevalence of adolescent anemia. Based on the results of an anemia survey in 7 Bojonegoro districts with prevalence of 20.9%. Based on data from the Ngraho Bojonegoro Public Health Center, Ngraho 1 Public High School Bojonegoro ranks first with an incidence of anemia of 72. Greater anemia is caused by iron deficiency. **Purpose:** know the characteristics and description of the knowledge of young women about consuming Fe tablets with the incidence of anemia at SMA Negeri 1 Ngraho Bojonegoro. **Methods:** This research is a quantitative research using a descriptive measuring tool in the form of a questionnaire on the level of knowledge of consumption of Fe tablets, taking samples using total sampling with a total sample of 70 respondents. **Results :** The results showed that the characteristics of all young women aged 13-16 years, class XI, experienced anemia, the majority of their parents worked as farmers, their parents' income was Rp. young women regarding the consumption of Fe tablets with the incidence of anemia in the good category (57.1%). **Conclusion:** The level of knowledge of young women about consuming Fe tablets with the incidence of anemia at SMA Negeri 1 Ngraho Bojonegoro in the good category.

Keywords: Fe tablets, knowledge, Young Women