

## **STUNTING PREVENTION EDUCATION THROUGH POCKET BOOK**

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### **SUMMARY**

**Background** ; Stunting is a condition of failure grow due to chronic nutritional deficiency, especially in the first 10000 days of toddlers's life. In 2020, 22,2% or around 150,8 million childrens under five years in the world were stunted. According to WHO, the incidence of Stunting in the world in 2020 is 21,3% or as many as 144 million childrens under five years are stunted in 2020. The Stunting incidence in the world are dominated 54% by Asia and 40% by Africa. The prevalence of Stunting in Indonesia in 2020 was 26,92%, Central Java in 2020, the prevalence of Stunting in childrens under five years was 27%. **Method** ; Utilizing microsoft word and corel draw applications to modify the layout of background design and the output in the form of a Stunting prevention pocket book to provide information about Stunting prevention at increasing mother's knowledge and understanding of Stunting. **Results** ; KIE media is form of a pocket book containing information on Stunting prevention. **Conclusion** ; The pocket book media expected to provide clear information, especially mothers who have children under five years about Stunting prevention so that mothers can apply activities for Stunting prevention.

**Keywords** ; Education, Stunting, Pocket Book