## APPLICATION OF STORY TELLING THERAPY TO REDUCE THE LEVEL OF ANXIETY HOSPITALIZATION OF PRE-SCHOOL CHILDREN IN THE ANGGREK ward at RSUD dr. SOEHADI PRIJONEGORO SRAGEN

## ABSTRACT

**Background:** Anxiety is an impact of hospitalization that can be experienced by preschoolers because they face stressors around the hospital environment. Hospitalization is a process for children who are in the hospital undergoing treatment and care until the child's condition can recover. Anxiety in children undergoing hospitalization if treatment is slow can affect the length of stay and exacerbate anxiety and have a negative impact on children's health. . One of the efforts that nurses can make in reducing anxiety in preschool children being treated is with play therapy. Story telling is one of the simple play therapy techniques that can be used to overcome the anxiety of preschool-age children undergoing hospitalization. **Objective:** This study aims to reduce the level of hospitalization anxiety in preschool children by providing story telling therapy. **Method:** Application using a case study design. The design of the implementation of this case study uses a descriptive method that is not limited to collecting and compiling data. Results: There is a decrease in the level of anxiety after story telling therapy. Conclusion: There is a significant difference on the Preschool Anxiety Scale in patients with hospitalization anxiety between before and after being given story telling therapy every 20 minutes for 3 days using running race tales.

Keywords: Preschool Children, Anxiety, Story Telling.