APPLICATION PLAY THERAPY COLORING ON LEVELS OF HOSPITALIZATION ANXIETY IN PATIENTS OF PRE-SCHOOL CHILDREN AT KARANGANYAR HOSPITAL

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ABSTRACT

Background: Hospitalization is one of the causes of anxiety in children, the causes of anxiety for these children are due to social environmental conditions such as fellow child patients being treated as well as the attitudes and interactions of staff and the physical environment of the hospital such as buildings or treatment rooms, hospital equipment, distinctive odors, hospital staff and workers' white clothes is the reason why children always feel anxious in the treatment room. Purpose: Knowing the results of the implementation of the application of play therapy coloring on the level of hospitalization anxiety in patients of preschool age at Karanganyar Hospital. Methods: descriptive research design with a case study approach using pre and post implementation methods with 2 child respondents who experience anxiety due to hospitalization. Results: there is a decrease in anxiety levels after doing play therapy coloring in pediatric patients who experience anxiety due to hospitalization. Conclusion: there is a decrease in the level of anxiety in children at the Karangayar General Hospital due to hospitalization, where gender and family support factors affect the decrease in the level of anxiety in children.

Keywords: hospitalization, emergency, play therapy coloring