## THE APPLICATION OF LEGO PLAY THERAPY IN REDUCE THE ANXIETY LEVEL OF PRESCHOOL-AGE CHILDREN WHEN HOSPITALIZATION IN THE ORCHID ROOM SALATIGA CITY HOSPITAL

Septiana Dwi Yanti, Irma Mustika Sari <u>Septianadwiyanti8@gmail.com</u> Aisyiyah University, Surakarta

## **ABSTRACT**

Background: Anxiety in preschool children who are sick and hospitalized is a form of disorder, namely the non-fulfillment of the need for safety and comfort in the form of inadequate emotional needs of the child. This needs to be handled as early as possible. The impact of delays in handling anxiety, children will refuse care and treatment. Conditions like this will have a major impact on the process of care and treatment as well as healing of sick children. Play therapy is expected to reduce anxiety, so that it can make children more cooperative with health workers. Objective: To find out the results of implementing the application of playing lego in reducing the anxiety level of preschool children during hospitalization in the orchid room at Salatiga City Hospital. Method: the application of this journal uses a descriptive method with a case study approach. Results: the results after the application was carried out there was a decrease in the level of anxiety for the two respondents before and after being given lego play therapy. Conclusion: There was a decrease in the level of anxiety of the two respondents before and after being given lego play therapy.

Keywords: Play therapy, Anxiety, Hospitalization