

**IMPLEMENTATION OF PURSED LIPS LIPS BREATHING ON THE
BREATH PATTERNS OF CHRONIC OBSTRUCTIVE PULMONARY
DISEASE PATIENTS IN THE TULIP WARD AT dr.SOEHADI
PRIJONEGORO HOSPITAL SRAGEN**

Anis Eka Valentin¹, Irma Mustikasari², Waluyo³
anisekavalentin@gmail.com
University Of 'Aisyiyah Surakarta

ABSTRACT For Final Scientific Work Of Nurses

Background; COPD is a noncommunicable disease preventable and treatable disorder characterized by persistent respiratory symptoms and airflow limitation due to abnormalities of the airways or alveoli. **Objective;** find out the results of the implementation of the application of Pursed Lips Breathing on breath patterns of Patient with Chronic Obstructive Pulmonary Disease. **Method;** This type of research is a case study that the author uses is a case study that can demonstrate Pursed Lips Breathing. **Results;** patients before receiving Pursed Lips Breathing therapy, namely fast breathing frequency, pulse frequency above the range, and low oxygen saturation. After receiving Pursed Lips Breathing therapy, namely regular respiration, pulse frequency within the normal range, oxygen saturation increased. **Conclusion;** The results of the breathing patterns in both patients after receiving Pursed Lips Breathing therapy, namely regular respiration, pulse frequency with in the normal range, increased oxygen saturation and can be developed for further research.

Keyword: Pursed Lips Breathing Therapy, Breathing Pattern, Chronic Obstructive Pulmonary Disease Patients