

ABSTRACT

APPLICATION OF COLORING PLAY THERAPY IN PRESCHOOL CHILDREN (3-6 YEARS) TO ANXIETY DUE TO HOSPITALIZATION IN RS PKU MUHAMMADIYAH KARANGANYAR

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Background: Feelings of anxiety are the impact of hospitalization experienced by pre-school children. This impact has the risk of interfering with child development and the healing process in children, to reduce children's anxiety, play therapy can be given. **Objective:** To find out the results of applying play therapy to reducing anxiety due to hospitalization. **Methods:** The application was carried out using a case study descriptive method to 3 respondents and the coloring play therapy was carried out once in 30 minutes. **Results:** Based on the results of the implementation that has been done there is a decrease in anxiety due to hospitalization. **Conclusion:** coloring play therapy can be used as a technique to reduce anxiety in preschool children due to hospitalization.

Keywords: preschool children, anxiety, hospitalization, coloring play therapy