

**DESCRIPTION OF CHARACTERISTICS AND ANXIETY LEVELS
IN ELDERLY PEOPLE WITH HYPERTENSION
IN MOJOSONGO VILLAGE**

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ABSTRACT

Background: Ageing is not a disease but a stage in the life process characterised by a decline in the body's abilities. The elderly in Surakarta in 2022 is 72,804 people. The increasing number of elderly people causes problems such as hypertension, due to narrowing of blood vessels that increase blood pressure. This condition can affect the psychology of the elderly such as anxiety because hypertension comes suddenly and cannot be cured. The incidence of elderly hypertension in Surakarta is 67,355 cases. **Objective:** To describe the characteristics & level of anxiety in elderly people with hypertension in Mojosongo Village. **Methods:** Sampling using random sampling technique with inclusion and exclusion criteria, population 983 elderly and sample 91 elderly. **Results:** The age of hypertensive elderly in Mojosongo is mostly 60-69 years / young elderly (65,9%), the education of hypertensive elderly in Mojosongo is mostly elementary school (58.2%), the occupation of hypertensive elderly in Mojosongo is mostly housewives (42.9%), the anxiety level of hypertensive elderly in Mojosongo is mostly moderate anxiety (49.5%). **Conclusion:** The majority of hypertensive elderly in Mojosongo are young elderly with female gender and experience moderate anxiety.

Keywords: Hypertension, Characteristics, Anxiety Level