

***BREASTFEEDING FATHER FOR BREAST MILK PRODUCTION IN
BREASTFEEDING MOTHERS USING BOOKLET MEDIA***

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SUMMARY

Background: Breastfeeding is an easy thing but sometimes it is difficult to do because of several external conditions of the mother that influence the smooth production of breast milk. One of the main factors encouraging breastfeeding is husband's support. Husband's support is not just providing support in the form of sentences but is more about the attention and treatment given by the husband to breastfeeding mothers. The husband will help the mother to meet her nutritional needs by providing nutritious food, helping the mother with household chores, listening to the wife's various difficulties when breastfeeding. **Objective:** This communication, information and education aims to provide support for husbands in expressing breast milk in breastfeeding mothers using *booklet* media. **Method:** The method used in Communication, Information and Education is *Booklet*. **Results:** Output in the form of a *booklet* regarding husband's support for breast milk production in breastfeeding mothers. **Conclusion:** From the respondent's research, it can be concluded that the contents of this booklet really help respondents in understanding breast milk. Respondents assessed that this *booklet* was presented quite well and simply.

Keywords: Husband's Support, Breast Milk, *Booklet* Media