

**THE APPLICATION OF QURAN MURROTAL THERAPY TO REDUCE THE
INTENSITY OF PAIN IN POST SECTIO CAESAREA PATIENTS AT PKU
MUHAMMADIYAH KARANGANYAR HOSPITAL**

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ABSTRACT

Background : Sectio caesarea is a surgical procedure to remove the fetus by opening the abdominal wall and uterine wall so that it causes pain in the area of post-sectio caesarea incision. One of the management of nonpharmacological pain is with murrotal therapy. Murrotal therapy is therapy by listening to the holy verses of the Quran. **Objective** : This application aims to determine the effect of Quranic murrotal therapy to reduce pain in post-sectio caesarean patients. **Method** : This application uses a descriptive case study method, sample selection according to inclusion criteria and randomly selects 2 respondents. The application instrument uses Numeric Rating Scale (NRS) and the application is carried out for 3 days. **Results**: The results of application of murrotal therapy in both respondents showed that the therapy had an effect on decreasing the level of pain in patients after sectio caesarean section. **Conclusion**: The development of pain scale from before the administration of murrotal therapy to the application for 3 days shows that there is an effect of Quranic murrotal therapy on the reduction of intensity of post-sectio caesarean section of maternal pain every day from the category of moderate pain scale to the category of no pain.

Keywords : Sectio Caesarea, Pain, Murrotal Therapy