

# HEALTHY VILLAGE WITH STUNTING REDUCTION ACTIONS BASED ON THE FIRST 1000 DAYS OF LIFE

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## SUMMARY

**Background:** Stunting is a growth disorder in children caused by a prolonged lack of adequate nutritional intake, especially during the first 1000 days of life. The main causes of stunting are inadequate nutritional intake and poor health conditions. In addition to health factors, other causes of stunting include economic conditions, educational levels, parenting styles, access to health services, and sanitation. **Objective:** To increase the knowledge of prospective brides (Catin) about efforts to reduce stunting. **Method:** Stunting prevention efforts are carried out through partnership programs, such as informational activities using booklets for the community. Furthermore, training and empowerment activities for cadres are conducted to increase community awareness and promote good parenting practices in terms of nutrition and child development. **Results:** Activities carried out from June to November 2023 have had a positive impact and results, namely from 16 toddlers with a risk of stunting, there has been a decrease in the number of stunting toddlers to 3 toddlers. **Conclusion:** Providing booklets is a positive step to increase the knowledge of prospective brides (Catin) regarding stunting prevention efforts and also shows potential in reducing stunting rates in the Bumi Village.

*Keywords: Stunting, Stunting Prevention, Healthy Village*