

AWARENESS EDUCATION ON EARLY DETECTION FAM IN ADOLESCENTS USING VIDEO MEDIA

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SUMMARY

Background : *Fibroadenoma Mammary (FAM) is a type of benign lump or tumor in the breasts of young and adult women. If FAM is allowed to grow, it will have a high risk of breast cancer. The high incidence of breast cancer is caused by, among other things, a lack of awareness among women to carry out early breast detection if they experience abnormalities such as lumps or tumors. Breast self-examination (BSE) is an early detection effort carried out by every woman to easily find lumps or other abnormalities in the breasts.*

Method : *The media used in this method uses animated video media which can educate and increase public knowledge, especially young women. Result : After being given education to young women, they are expected to be able to apply how to identify lumps or abnormalities in the breasts by self-examination of the breasts (BSE).* **Conclusion :** *the video media produced can be used to increase knowledge and provide information for the public, especially teenagers, about how to detect lumps or other abnormalities in the breasts by self-examination of the breasts.*

Keywords : fibroadenoma Mamma, brest self – examination, video media