

**OVERVIEW OF THE SKILL LEVEL OF WOMEN OF CHILDBEARING
AGE DOING BREAST SELF-EXAMINATION(AWARENESS)
AT THE PAJANG HEALTH CENTER
SURAKARTA CITY**

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ABSTRACT

Background: Breast cancer is a serious threat to women resulting in death. In the city of Surakarta, the prevalence of breast cancer is 33.33%, with 56 cases the Pajang Health Center in Surakarta City. Breast cancer does not only affect menopausal women but is widely found in WUS. There are several examinations for breast cancer management, one of which with AWARENESS. AWARENESS is done every month to improve skills, so that they are more sensitive if there are changes in the breasts. **Objective:** Describe the characteristics of respondents and the level of skills in conducting breast self-examination (SADARI) at the Pajang Health Center, Surakarta City. **Methods:** Type of research uses quantitative descriptive. Sampling technique uses simple random sampling with a sample of 99 respondents. **Result:** This study shows that characteristics of respondents based on education level, namely high school as many as 48 respondents (48.5%), based on occupation, namely IRT as many 30 respondents (30.3%) and skill level of doing self-breast examination in the category of less as many as 39 respondents (39.4%). **Conclusion:** The results of this study show that the level of skills in the category is lacking.

Keywords: Breast Self-Examination, Skill Level, Women of Childbearing Age