

**THE INFLUENCE OF MUROTAL AL-QUR'AN (SURAH MARYAM)
THERAPY ON OF LABOR PAIN IN MOTHERS IN THE 1ST STAGE OF
LABOR AT KARTIKA HUSADA HOSPITAL PONTIANAK**

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ABSTRACT

Background: Pain is a condition of discomfort caused by certain stimuli. Pain during the birthing process causes mothers to feel afraid of the birthing process. This results in obstruction of the labor process and can result in ending the labor process with Sectio Secare. Listening to Murotal Al-Quran Surah Maryam can provide very effective results in efforts to divert the mother from pain so that the mother can adapt to the labor pain she is feeling. **Objective:** This study was to determine the effect of murotal therapy on labor pain. **Method:** This research uses a pre-experimental type with a One group pre test post test design research design. The sampling method is by purposive sampling technique with a minimum sample size of 22 respondents with 7 reserve respondents. **Results:** Comparative analysis of the pain scale using SPSS showed that the median before therapy was 7.00 and the median after therapy was 4.00 with a difference of 3.00. And the Wilcoxon test results obtained a significant value of 0.001 (<0.05). **Conclusion:** There is an effect of murottal therapy from Al-Quran Surah Maryam on labor pain before and after murotal therapy.

Key words: Murrotal, pain, active phase of first stage of labor