

**OVERVIEW OF THE LEVEL OF PERSONAL HYGIENE DURING  
MENSTRUATION IN ADOLESCENTS IN DROUGHT-STRICKEN AREAS  
OF TAWANG VILLAGE, SUKOHARJO REGENCY**

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**ABSTRACT**

**Background:** A drought is an event in an area that experiences water scarcity at a certain time caused by a certain event. According to BNPB (2023), Central Java Province ranks first in drought disasters with 24 regional events in Central Java that have experienced drought disasters. Based on the BPBD, Sukoharjo Regency is one of the areas experiencing drought, one of which is Weru District, Tawang Village. The impact of drought disasters has resulted in problems in the economic, social health, and education sectors, one of the impacts of drought disasters in the health sector is a decrease in the level of personal hygiene in adolescents during menstruation. **Objective:** To find out the picture of the level of personal hygiene during menstruation in adolescents in drought-stricken areas in Tawang Village, Sukoharjo Regency. **Methods:** This study used a quantitative descriptive method with a sample of 73 respondents and used random sampling techniques. **Results:** The results of the study showed that the level of personal hygiene of the majority of respondents was moderate to 40 respondents (54.8%). **Conclusion:** The level of personal hygiene during menstruation in adolescents in drought areas is moderate.

**Keywords:** Drought disaster, Menstruation, Personal Hygiene