

*APPLICATION OF HAND PUPPET PLAY THERAPY TO THE LEVEL OF HOSPITALIZATION ANXIETY IN PRESCHOOL-AGED CHILDREN AT IR HOSPITAL. SOEKARNO SUKOHARJO*

**Zyahwa Rezy Aprilia Nur Khafidhoh<sup>1</sup>, Ika Silvitasari<sup>2</sup>, Yohana Ika Prastiwi<sup>3</sup>**

Profesi Ners, Fakultas Ilmu Kesehatan

Universitas 'Aisyiyah Surakarta

Email : [zyahwarezy.students@aiska-university.ac.id](mailto:zyahwarezy.students@aiska-university.ac.id)

**Background:** Hospitalization anxiety experienced by preschool children causes an increase in anxiety due to actions that cause trauma, children's hand puppets can explore the feelings they are experiencing. **Objective:** To determine the results of the implementation of hand puppet play therapy on the level of hospitalization anxiety in preschool children at the Ir. Soekarno Sukoharjo Regional Hospital. **Method:** This study used 2 respondents according to the inclusion and exclusion criteria, the method used pre-test and post-test, by providing hand puppet play therapy for 2 days carried out once a day for 30 minutes. **Results:** Results of the implementation of hand puppet games on hospitalization anxiety in preschool children on day 1 in An. A got a score of 37 in the heavy category and An. B got a score of 28 in the heavy category. On the 2nd day on An. A got a score of 25 in the medium category and An. B got a score of 15 in the light category. Where the two patients before implementation were at a severe anxiety score and experienced a decrease in anxiety score to moderate and mild. **Conclusion:** Hand puppet play therapy can reduce anxiety levels in children with hospitality

*Keywords: Anxiety, Hospice, Hand puppets*