

**APPLICATION OF RED GINGER WARM COMPRESS TO PAIN SCALE IN
GOUT ARTHRITIS (GOUT) PATIENTS
IN NGORESAN SURAKARTA**

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ABSTRACT

Background: Gout arthritis is a metabolic disorder characterized by increased uric acid levels. Gout can increase into kidney stones and can lead to kidney failure (RJ et al., 2023). The impact of gout, if not treated immediately, will cause a buildup in the joints and will form crystals like needles that will experience tremendous pain, there quite severe joint inflammation (Manasikana, 2023). **Purpose:** This study aims to obtain information results gout arthritis patients after being given implementation in Petoran. **Research Methods:** This type of research is descriptive research using quantitative methods. **Result:** After conducting assessment 2 respondents, there was a change in the pain scale in both respondents before and after the warm compress. **Conclusion:** This study assumes that there is significant change in the reduction of the pain scale to 2 respondents, as evidenced by the results the reduction in the pain scale. This is due to the hot and spicy effects of ginger can cause increased blood circulation and cause a decrease in pain.

Keywords : Gout, Pain, Red Ginger