## THE IMPLEMENTATION OF THE RIGHT BREAST FEEDING TECHNIQUE TO THE SMOOTHNESS OF BREAST MILK TO PRIMIGRAVIDA MOTHER POSTPARTUM IN GANDEKAN SURAKARTA

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## **ABSTRACT**

Literary to background: ASI is natural food that provided for babies to contains more nutritions for health baby. Breast feeding technique is one of others factor to the smoothness of breast milk. If breast feeding technique fault will make mother doesn't suckle, there is a tendency of the reduction of exclusive breast feeding. The purpose of the study: To analyze the implementation of the right breast feeding technique to the smoothness of breast milk to primigravida mother postpartum in Gandekan Surakarta. Research Method: This research used case study with research descriptive design through observation approachment. The Result: The analysis result about the implementation of the right breast feeding technique to the smoothness of breast milk to indicate existence the smoothness from the first day until the fifth day. Conclusion: There is the smoothness before and after did the implementation of the right breast feeding technique to the smoothness of breast milk to primigravida mother postpartum in Gandekan Surakarta.

Keywords: Breast feeding technique, Smoothness, Postpartum