

# MENINGKATKAN PENGETAHUAN PASANGAN CALON PENGANTIN TENTANG PRE MARITAL CHECK UP MELALUI MEDIA BOOKLET

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## SUMMARY

**Background:** Based on the results of the 2023 evaluation, the achievement indicator for the coverage of prospective couples of childbearing age (PUS) who received health checks as part of marriage services was only 39.7% of the target of 80%. (BKKBN, 2024). Based on the data above, it can be seen that there are prospective brides and grooms who have not had their pre-wedding health checks at a health facility, this shows a lack of knowledge and awareness for prospective brides and grooms who are getting married regarding the importance of pre-wedding health checks. With the results of coverage in 2023, health promotion can be planned for prospective brides and the public regarding the importance of examinations before marriage. **Objective:** Through pre-marital check-ups, the individual's overall body condition can be determined so that it can prevent or minimize the occurrence of congenital abnormalities. Apart from examinations, education about Pre Marital Check Up is also very important because it can increase knowledge and understanding for the prospective bride and groom if there is a possibility of genetic disease as well as infectious and contagious diseases in the couple, so that the prospective bride and groom can prevent transmission of disease, both to the partner and the prospective child. **Results:** The output achieved in this Final Project is Information Communication and Education (KIE) media in the form of a booklet entitled "The importance of pre-marital examination for prospective brides and grooms" which will be registered for Intellectual Property Rights (HKI). **Conclusion:** The resulting booklet media is able to increase the knowledge of prospective bride and groom couples about the benefits of pre-natal examinations for the health of the prospective bride and groom and prospective children.

**Keywords:** Prenuptial, Premarital Check Up, Booklet.