

ABSTRACT

Application of warm compresses to pain in farmers with low back pain in Sukorejo rt 23 / rw 05, Duyungan, Sidoharjo, sragen

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ABSTRAK

Background: Lower back pain is a common complaint in some people. Lower back pain is a pain that is felt in the area under the block or radicular pain or both (Mahadewa & Maliawan, 2009). **Purpose :** to describe the implementation result of warm compress application to low back pain farmer in sukorejo rt 23 / rw 05, duyungan, sidoharjo, sragen. **Method:** The research used case study research with descriptive research design. The research was done by interview and observation method. The study was conducted four times a week with 30 minutes of each application on 05 July, 06 July 07 juli, and 08 July 2017 in Sukorejo Rt 23 / Rw05 Duyungan Sidoharjo Sragen. Measurement Pain scale is performed before and after application of warm compresses. Results after application of warm compress lower back pain Recommend to your friends Company Contact Name:Tn. S. has decreased with the pain scale from 6 to 2. **Conclusion:** There is an effect of applying warm compress to lower back pain.

Keywords : Lower back pain, warm compress