

**THE APPLICATION OF BINAHONG LEAF DECOCTION IN THE
HEALING PROCESS OF PERINEAL WOUNDS IN POSTPARTUM
MOTHERS**

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ABSTRAC

Background: Perineal wounds after childbirth are a common condition experienced by postpartum mothers, with a prevalence rate in Indonesia reaching 75% in vaginal deliveries. These wounds may be caused by spontaneous rupture or episiotomy. If not treated properly, perineal wounds carry a risk of infection. Treatment of perineal wounds can include non-pharmacological therapies, such as the use of binahong leaf (*Anredera cordifolia*) decoction, which can accelerate the wound healing process and prevent infection due to its active compounds. **Objective:** To determine the effect of binahong leaf decoction on the healing process of perineal wounds in postpartum mothers. **Method:** This study is a descriptive case study involving two postpartum mothers with second-degree perineal wounds. The intervention involved applying wound compresses using binahong leaf decoction for eight consecutive days. Wound healing was assessed using the REEDA scale (Redness, Edema, Ecchymosis, Discharge, Approximation). **Results:** Before the intervention, the REEDA scores of Mrs. S and Mrs. E indicated poor wound condition, with scores of 10 and 9 respectively. After eight consecutive days of treatment using binahong leaf decoction, both Mrs. S and Mrs. E showed a REEDA score of 0, indicating good wound healing. **Conclusion:** The administration of binahong leaf decoction has an effect on accelerating the healing process of perineal wounds in postpartum mothers.

Keywords: Postpartum, Perineal Wound, Binahong Leaf Decoction