

***EFFORTS TO IMPROVE KNOWLEDGE ABOUT MEDICATION
COMPLIANCE IN HYPERTENSION PATIENTS THROUGH BOOKLET***

MEDIA

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SUMMARY

Background: Hypertension is known as the "silent killer" because it often causes no symptoms but has the potential to cause serious complications such as stroke, heart attack, kidney failure, and visual impairment. Hypertension can be managed through education, encouraging patients to adhere to their hypertension medication. **Objective:** booklet serves as information to understand the effect of medication adherence on lowering blood pressure and improving blood pressure control. **Method:** booklet explaining medication adherence was created. The booklet was piloted on three respondents in the Kroyo Village area, Karang Malang District, Sragen Regency. **Results:** The educational booklet titled "Let's comply with taking hypertension medication" was successfully compiled systematically, with content covering the definition, benefits, indications, contraindications, and how compliance with hypertension medication works. **Conclusion:** The educational booklet on compliance with hypertension medication can be an effective tool for increasing public understanding and motivation in efforts to lower blood pressure.

Keywords: Booklet, Hypertension, medication compliance