

EDUCATION ON MAKING TEMPE PORRIDGE FOR TODDLERS WITH DIARRHEA USING VIDEO MEDIA

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SUMMARY

Background: Diarrhea in toddlers remains a significant global health issue, with an estimated 2 billion cases reported annually. According to data from the Ministry of Health of the Republic of Indonesia in 2023, approximately 1.9 million toddlers die from diarrhea. The prevalence of diarrhea among toddlers is 4.9%, with a mortality rate of 1.1%. In Central Java Province, 114,186 toddlers seek treatment for diarrhea at health facilities, and Sragen Regency has reported that 17.9% of toddlers are affected. **Objective:** The aim of this initiative is to enhance public awareness, particularly among mothers of toddlers, regarding the benefits of tempeh porridge for managing diarrhea. This effort is especially beneficial for individuals who may have difficulty reading, as the educational video features engaging images and sounds that can be viewed multiple times. **Methods:** The chosen method involves the use of media, specifically a video that serves as a promotional tool. This video will cover essential topics such as the understanding, causes, management, complications, and benefits of tempeh porridge. **Conclusion:** The educational video on preparing tempeh porridge can serve as an effective strategy to increase knowledge among mothers and the community, presented in an engaging audio-visual format.

Keywords: Education, Toddler Diarrhea, Tempe Porridge, Video