

**EFFORTS TO INCREASE KNOWLEDGE OF BOILED BINAHONG
LEAVES IN THE HEALING OF PERINEAL WOUNDS THROUGH
BOOKLET**

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SUMMARY

Background : The high maternal mortality rate in Indonesia was 4,005 in 2022 and increased to 4,129 in 2023, with postpartum infection as one of the main causes. Binahong leaves (*Anredera cordifolia*) are known to have antiseptic properties and can accelerate wound healing, especially in accelerating recovery after surgical procedures and childbirth. The use of boiled binahong leaves significantly enhances the healing process of perineal wounds, with a significant reduction in healing time.

Objective : To enhance the knowledge and understanding of postpartum women on how to perform perineal wound care using binahong leaf decoction. **Method :** Using the Canva application, a trial was conducted on 3 respondents. **Results :** A booklet titled "Boiled Binahong Leaves Heal Perineal Wounds in Postpartum Mothers" measuring 21 x 29.7 cm and consisting of 18 pages. **Conclusion :** This booklet can serve as a useful source of information for postpartum mothers and healthcare workers in improving knowledge and practices in perineal wound care.

Keywords : binahong leaves, decoction, perineal wounds, postpartum women.