

**BABY MASSAGE TRAINING AS AN EFFORT TO IMPROVE MOTHERS'
KNOWLEDGE OF STUNTED BABIES IN BUMI VILLAGE**

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SUMMARY

Background: Stunting is a chronic nutritional problem that can have an impact on the growth and development of babies. In Bumi Village, the prevalence of stunting is 13 babies. One of the treatments for stunted babies is the provision of infant massage stimulation. Baby massage is known to have many benefits for the growth and development of babies. There are still many mothers with stunting in Bumi Village who lack knowledge and skills in performing baby massages. Therefore, baby massage training needs to be carried out to support children's growth and development. **Objective:** To determine level of knowledge of infant massage in mothers with stunted infants before and after infant massage training in Bumi village. **Methods:** Infant massage training for mothers with stunted babies in Bumi village using the method of lectures, demonstrations, and buzz group discussions. **Results:** Infant massage training activities as an effort to increase knowledge of infant massage in mothers with stunted babies in Bumi Village showed significant results. **Conclusion:** There was an increase in infant massage knowledge of 73% with a good category, a decrease of 4% in the adequate category, and a decrease of 69% in the poor category after being given infant massage training.

Keywords: Stunting, Level of Knowledge, Baby Massage.