

DESCRIPTION OF QUALITY OF LIFE IN DIABETES MELLITUS PATIENTS AT GAMBIRSARI PUBLIC HEALTH CENTER

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ABSTRACT

Background: Diabetes Mellitus (DM) is a chronic disease that is a serious health problem and affects the quality of life of sufferers physically, psychologically, socially, and environmentally. **Objective:** This study aims to describe the quality of life of DM sufferers at the Gambirsari Community Health Center. **Method:** This quantitative descriptive study used a cross-sectional approach with a sample of 95 respondents. Data were collected using the DQOL questionnaire, which has been tested for validity and reliability, then analyzed univariately. **Results:** The results showed that the majority of respondents were female (55.8%), middle-aged (54.7%), had a high school education (54.7%), and had suffered from DM for more than one year (100%). The majority of sufferers (76.8%) had a poor quality of life, which was influenced by age, gender, education level, and length of suffering. **Conclusion:** This study concluded that the majority of DM sufferers at the Gambirsari Community Health Center had a poor quality of life.

Keywords: Diabetes Mellitus, Quality of Life, Chronic Disease