

EDUCATION MEDICATION COMPLIANCE IN HYPERTENSION PATIENTS THROUGH VIDEO MEDIA

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SUMMARY

Background; *The estimated number of hypertension sufferers aged >15 years, in 2023 in Surakarta City was 67,355 people. Hypertension sufferers must comply with taking antihypertensive medication in order to control blood pressure and reduce the risk of developing cardiovascular disease complications. Researchers showed that there was an effect of education using video media on medication adherence in hypertensive clients.*
Objective; *Create information media that can be used to improve medication adherence in hypertension sufferers.*
Method; *Information delivery using educational videos to provide information to hypertension sufferers about medication adherence. The trial results showed that the video was quite interesting, and easy to understand, and easy to access anywhere and anytime.*
Results; *The educational video entitled "Education on Medication Compliance in Hypertension Sufferers" has a duration of 7 minutes 02 seconds and a file size of 233 MB. This video can be accessed via a YouTube link and has been tested on 3 community respondents.*
Conclusion; *The video, "Educating Medication Compliance in Hypertension Patients," can be used for health education purposes, conveying information related to hypertension with the goal of improving medication adherence in patients with hypertension.*

Keywords: *hypertension, compliance, medication, educational video*