

**AN OVERVIEW OF THE ADJUSTMENT OF PARENTS OF
CHILDREN WITH SPECIAL NEEDS IN EXTRAORDINARY
SCHOOLS (SLB) KABUPATEN BOYOLALI**

Qoriah Amelia Rosida¹, Siti Fatmawati²

ameliaby138@gmail.com

'Aisyiah University Surakarta

ABSTRACT

Background: Children with special needs (ABK) experienced an increase of 3.3%, both clinically identified and those who have not been officially disabled. This increase requires parents to be able to adjust to a variety of emotional, social, and practical challenges in parenting. Many parents experience psychological distress such as stress, anxiety, and difficulty accepting their child's condition. **Objective:** To find out the description of the self-adjustment of parents of children with special needs in the Special School (SLB) of Boyolali Regency. **Method:** This study uses a descriptive-quantitative method. Sampling was done using *a simple random sampling technique*. The sample size was 80 respondents. The instrument used was a self-adjustment questionnaire. **Results:** The results of the study showed that based on the characteristics of respondents parents of children with special needs in SLB Boyolali Regency, the majority of female respondents, farmer jobs and monthly income <2,200,000. Based on the self-adjustment of parents of children with special needs at SLB Boyolali Regency with a high self-adjustment category. **Conclusion:** The self-adjustment of parents of children with special needs in special schools (SLB) of Boyolali Regency has a high level of self-adjustment.

Keywords: Children with Special Needs, Parents, Self-adjustment